

April 22, 2018



A Highly Successful Failure

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Navigating Emotionally Healthy Relationships (part 3)

I Samuel 15:10-35

## Review : Emotionally Unhealthy People (EUP) & Emotionally Healthy People (EHP)

- EUP are proud/self-righteous vs. EHP are humble
- EUP think they "have it all together" vs. EHP admit weaknesses
- EUP are defensive vs. EHP are open to feedback
- EUP are very closed vs. EHP are transparent & vulnerable
- EUP are religious vs. EHP are spiritual

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EUP only verbally \_\_\_\_\_ vs. EHP truly \_\_\_\_\_

∞ EUP \_\_\_\_\_ others vs. EHP take \_\_\_\_\_

1 2 3 4 5 6 7 8 9 10  
blames others takes responsibility

(continued on back)

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∞ EUP make \_\_\_\_\_ and/or \_\_\_\_\_ working on their issues vs. EHP \_\_\_\_\_ their faults and deal with their problems

1 2 3 4 5 6 7 8 9 10  
makes excuses owns faults

∞ EUP are overly concerned with what \_\_\_\_\_ think vs. EHP are primarily concerned with what \_\_\_\_\_ thinks

1 2 3 4 5 6 7 8 9 10  
concerned w/ people concerned w/ God

EUP are \_\_\_\_\_ & \_\_\_\_\_ vs. EHP \_\_\_\_\_ others

1 2 3 4 5 6 7 8 9 10  
envious celebrates others

EUP \_\_\_\_\_ trust vs. EHP \_\_\_\_\_ trust

1 2 3 4 5 6 7 8 9 10  
demands trust earns trust

EUP \_\_\_\_\_ vs. EHP tell the \_\_\_\_\_

1 2 3 4 5 6 7 8 9 10  
lies tells truth

Conclusion